



SERVICE · EDUCATION · RESEARCH

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For-Credit Internship or Practicum in Systemic Family Therapy

Purpose - To orient the intern to the concepts and methods of systemic family therapy and to assist the intern in developing specific clinical skills to conduct systemic therapy.

Program Description

- Learning by observing: interns will have the opportunity to observe the clinical work of all the therapists on staff.
- Learning by reflecting: interns will participate on reflecting teams during the scheduled screenings (consultation interviews conducted by senior staff) and on an ad hoc basis.
- Learning by doing: interns will carry a clinical caseload of 10-20 families under live and videotape supervision. The intern is expected to treat a wide range of families and will be assigned a primary supervisor who is a family therapist on staff.
- Learning by attending weekly seminars on special topics, theory, and research as daily practice.
- Learning by sharing personal learnings in group processing discussions.

Program Expectations

- The for-credit internship begins the 2nd week of September and runs through the 2nd week of April (with an option to extend supervision until the end of May).
- Interns are expected to be on site 21 hours per week.
- Interns are required to participate in our in-house "Systemic Family Therapy: Theory and Practice" theory seminars, that focus on a bringforthist and IPscopic approach to family therapy. These seminars are taught on-site during the fall term on Wednesday afternoons.
- A defined number of clinical interviews, observations of interviews (with and without contributing/reflecting), and supervisions are expected each week.
- While each intern will be assigned a primary supervisor, they will also receive supervision from others. CFTC has several clinical supervisors from different disciplines, all who have rich experiences in family therapy.

Admission Requirements

- Proof of registration in a Canadian masters or doctoral program, including transcripts.
- Up-to-date curriculum vitae.
- Letter of intent indicating objectives for the training experience.
- Two letters of recommendation from persons who can comment on candidate's present clinical expertise and potential as a therapist.
- Due to conflict-of-interest previous clients who have sought therapy at CFTC will not be considered as eligible candidates.

An interview will be arranged after the above requirements have been met. Applications will be processed as received. Early application is advised.